

Return to School Roadmap

2020-21 Virtual Binder



*Phase 4 of the Michigan Safe Start Plan
School Districts in Wayne County
Including Detroit*

The Return to School Roadmap provides required and strongly recommended safety protocols to keep Wayne County school communities safe based on the status of the coronavirus. The Roadmap provides direction and guidance across mental and social-emotional health, instruction, and operations within each phase of the MI Safe Start Plan, to support all Wayne County schools as they develop and implement their return to school plans.



Table of Contents

Section I: Definitions Related to COVID-19	4
Section II: COVID-19 Symptoms	6
General	6
Emergency Warning Signs	6
Section III: Face Coverings	7
Purpose of Face Coverings	7
Types of Face Coverings	7
Face Covering Requirements	8
Section IV: COVID-19 Screening Tool for Families	9
Section V: COVID-19 Screening Tool for School Staff & Visitors	10
Section VI: COVID-19 Case Scenarios with Action Steps	11
Scenario 1	11
Scenario 2	11
Scenario 3	11
Scenario 4	12
Scenario 5	12
Scenario 6	12
Section VII: Template Notifications	13
Template Notification to Staff Member Who Is a Close Contact to a Positive COVID-19 Student or Staff Member in a School	13
Template Notification to Parents and Staff of a Positive COVID-19 Student or Staff in a School Where No Further Action is Necessary	14
Template Notification to Parents of a Student Who is a Close Contact to a Positive COVID-19 Student or Staff in a School	15

Appendix A: Useful Resources 16

Wayne County Health Division 16

 COVID-19 Homepage 16

 Wayne County COVID-19 Data Dashboard..... 16

 Workplace Toolkit..... 16

 Educational Materials 16

City of Detroit Health Department 16

 COVID-19 Homepage 16

 City of Detroit COVID-19 Data Dashboard 16

 Detroit Safe-Start 16

 City Resources..... 16

State of Michigan 16

 MI Safe Start Plan 16

 MI Safe Schools Roadmap 16

 MI Safe Start Map Dashboard 16

 Find a Test Site 16

 Michigan Data..... 16

 Executive Orders and Directives 16

Appendix B: Contacts 17

Wayne County Health Division 17

City of Detroit Health Department 17

For More Information 17

Section I: Definitions Related to COVID-19



Phase 4 of the [Michigan Safe Start Plan](#) • School Districts in Wayne County Including Detroit



ASYMPTOMATIC

An asymptomatic COVID-19 case is a person infected with COVID-19 who has not developed symptoms associated with the disease.

Asymptomatic transmission of the virus refers to transmission from a person who has not developed symptoms.

CLOSE CONTACT

Starting two days before the person with the confirmed case of COVID-19 started having symptoms, (or was tested if they never had symptoms), is a person who was within six feet of a person infected with COVID-19 for more than 15 minutes regardless if wearing a face covering (mask or face shield). A close contact is also someone who was otherwise exposed to COVID-19 droplets from an infected person (for example, by sneezing or coughing). Examples of close contacts include individuals who provides care to, shares a living space or eating and/or drinking utensils with, or has direct physical contact (touched, hugged or kissed) with someone who is infected with COVID-19.

CONTACT TRACING

A strategy for slowing the spread of disease in which public health workers, also known as “case investigators,” communicate with infectious people to identify individuals with whom they have been in “contact” and to whom they may have transmitted a virus that causes disease. Case investigators then follow up with those contacts to provide guidance on how to quarantine themselves and what to do if they develop symptoms of a disease.

CORONAVIRUS

Coronavirus Disease 2019 (COVID-19) is an illness caused by a virus that can spread from person to person. The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.

ISOLATION

The practice of separating someone infected with the virus (those who have symptoms as well as those with no symptoms of COVID-19) from people who are not infected with COVID-19. People who are in isolation at home or in a hospital, (usually up to 10 days) must stay away from others to the greatest extent possible until they are no longer contagious and cannot transmit the virus to others. If someone infected with COVID-19 lives in a household with other people, they must separate themselves from other household members to the greatest extent possible, by staying in a specific “sick room” or area and using a separate bathroom (if available).

PERSONAL PROTECTION EQUIPMENT (PPE)

Commonly referred to as PPE, is equipment worn to minimize exposure to hazards that cause serious workplace injuries and illness. Those injuries and illnesses may result from contact with chemical, radiological, physical, electrical, mechanical or other workplace hazards. Personal protective equipment may include items such as gloves, safety glasses and shoes, earplugs, or muffs, hard hats, respirators or coveralls, vests and full body suits. In the context of COVID-19 PPE most commonly refers to face coverings (including N95 masks), face shields, gloves, safety glasses and protective gowns.

QUARANTINE

The practice of keeping someone who might have been exposed to COVID-19 away from others. Quarantine helps prevent spread of disease that can occur before a person experiences symptoms or if they are infected with the virus without feeling symptoms. People in quarantine must stay home (usually 14 days unless otherwise directed by a health care professional), separate themselves from others, monitor their health, and follow directions from their state or local health department.

SYMPTOMATIC

A symptomatic COVID-19 case is a person who has developed symptoms compatible with the COVID-19 virus infection. Symptomatic transmission refers to transmission from a person while they are experiencing symptoms. Symptoms associated with COVID-19 are detailed in [Section II](#).



Section II: COVID-19 Symptoms



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General

People with COVID-19 have reported experiencing a wide range of symptoms – ranging from mild symptoms to severe illness. According to the Centers for Disease Control and Prevention (CDC), symptoms may appear 2-14 days after exposure to the virus. People with following symptoms may have COVID-19 and should contact a medical care provider for direction:

- Fever (>100.4°F) or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

**This list does not include all possible symptoms associated with COVID-19. The CDC continues to update the list of symptoms as scientists learn more about COVID-19.*

Emergency Warning Signs

Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately:**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

**This list is does not include all possible symptoms.*

If you have severe symptoms and seek care from an emergency facility, **call 911 or call ahead to your local emergency facility** and notify the operator that you are seeking care for yourself or someone who has or may have COVID-19.

Please call your medical provider for any other symptoms that are less severe or concerning to you.



Section III: Face Coverings



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Purpose of Face Coverings

COVID-19 spreads mainly from person to person through respiratory droplets produced when an infected person coughs, sneezes, talks, or raises their voice (e.g., while shouting, chanting, or singing). These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Recent studies show that a significant portion of individuals with COVID-19 lack symptoms (are “asymptomatic”) and that even those who eventually develop symptoms (are “pre-symptomatic”) can transmit the virus to others before showing symptoms.

A face covering is used to cover a person’s nose and mouth while secured under the chin to minimize a person from transmitting and/or being exposed to COVID-19.

To reduce the spread of COVID-19, the CDC recommends that people wear face coverings in public settings when around people outside of their household, especially when other social distancing measures are difficult to maintain.

Moreover, through Executive Order 2020-153 issued on July 17, 2020, Michigan Governor Whitmore mandated the use of a face covering when in indoor public spaces and crowded outdoor space.

Read the CDC Guidelines on face coverings [here](#).

Types of Face Coverings

Cloth Face Covering: A cloth face covering is a mask made from fabric that covers the nose and mouth and may be homemade or factory-made. Homemade facial coverings must be washed daily. Face coverings may be secured to the head or simply wrapped around the lower face. A cloth face mask is not considered personal protective equipment (PPE).

Face Shield: A curved, clear plastic or Plexiglas panel attached to a headband that protects the eyes, nose and mouth during patient-care procedures and activities that carry the risk of generating splashes of blood, body fluids, excretions, or secretions. The CDC does not recommend the use of face shields as a substitute for cloth face coverings. However, a face shield that covers the eyes, nose and mouth can be worn in addition to a cloth mask if desired. Moreover, a face shield may be worn by younger children who are not required to wear a cloth face mask.

Neck Gator: A neck gator is a single layer of cotton or synthetic material that is thin and stretchy. This single layer of cotton or synthetic material will contain air droplets, the requirement is for a facial covering, a neck gator meets that definition.

Surgical Mask: A surgical mask is made of nonwoven fabric and is disposable after use. A surgical mask was originally intended to be worn by health professionals and is considered PPE. Surgical masks are designed to minimize the wearer from transmitting respiratory droplets to others but is not designed to prevent the wearer from being exposed to respiratory droplets from others.

N95 or KN95 Respirator: A N95 and a KN95 mask, also known as a respirator, filters particles that meet a certain standard for air filtration, meaning that it filters at least 95% of airborne particles. A N95 and KN95 mask is designed to protect the wearer from exposure to airborne (e.g., respiratory droplets) and fluid (e.g., splashes, sprays) hazards. These are recommended only for use by healthcare personnel. Fit testing is required for optimal protection.

Face Covering Requirements

When Mandatory for Staff

- The MI Safe Schools Roadmap requires that facial coverings must always be worn by staff while in school hallways and common areas in a school building except during meals.
- Face coverings must also be worn by bus drivers and other staff during school transportation.
- Facial coverings may be homemade or disposable level-one (basic) grade surgical masks that are appropriate to use as a low barrier for protection, for low-risk, nonsurgical procedures, and must cover the staff member's nose and mouth and be secured under the chin.
 - Homemade facial coverings must be washed daily.
 - Disposable facial coverings must be disposed of at the end of each day.

Exceptions for Staff

- A staff member who cannot medically tolerate a facial covering must not wear one. Any staff member that is incapacitated or unable to remove the facial covering without assistance, must not wear a facial covering.
- A staff member can remove their face covering during meals.

Additional Recommendations for Staff

- Special education teachers who teach pre-kindergarten (pre-K) – 5th grade students should consider wearing clear masks so that students can see their full face.

When Mandatory for Students

All students in pre-K – 12 grade must wear facial coverings during school transportation and while in school hallways and common areas in a school building except during meals.

- All students in grades K-5 must wear facial coverings unless students remain with their classes throughout the school day and do not come into close contact with students in another class.
- All students in grades 6-12 must wear facial coverings while in classrooms.
- Facial coverings may be homemade or disposable level-one (basic) grade surgical masks that are appropriate to use as a low barrier for protection, for low-risk, nonsurgical procedures and must cover the student's nose and mouth and be secured under the chin.
 - Homemade facial coverings must be washed daily.
 - Disposable facing coverings must be disposed of at the end of each day.

Exceptions for Students

- Any student who is unable to medically tolerate a facial covering must not wear one. Any student who is incapacitated or unable to remove the facial covering without assistance must not wear one.
 - Note: Students with significant disabilities preventing the use of facial coverings are referred to forthcoming guidance from MDE.
- Students in grades K-5 who remain with their classes throughout the school day and do not come into close contact with students in another class are not required to wear a mask while with their class.
- Students are not required to wear a mask while eating in a classroom or other area designated for meals.

COVID-19 Screening Tool for Families

Parents and guardians, use this checklist every day before sending your children to school.

If you answer "YES" to one or more questions, you must keep your child home from school today.

Does your child have any unusual symptoms from the list below?

YES NO

- | | | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | A fever? (Temperature greater than 100.4° F) |
| <input type="checkbox"/> | <input type="checkbox"/> | A new or worsening cough? |
| <input type="checkbox"/> | <input type="checkbox"/> | Shortness of breath/difficulty breathing? |
| <input type="checkbox"/> | <input type="checkbox"/> | Runny nose and/or congestion? |
| <input type="checkbox"/> | <input type="checkbox"/> | Body aches and/or tiredness? |
| <input type="checkbox"/> | <input type="checkbox"/> | Vomiting and/or diarrhea? |
| <input type="checkbox"/> | <input type="checkbox"/> | New loss of smell or taste? |

If the answer to any of the questions above is "yes", keep your child home and consult your primary care physician. If a doctor determines that the symptoms are due to another diagnosis, or COVID-19 is ruled out, your child may return to school after being fever-free for 24 hours **without** the use of fever-reducing medications.

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Have you or your child had close contact with anyone who had a positive COVID-19 diagnostic test in the past 14 days? |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you or your child traveled out of the US in the last 14 days? |

If the answer is "yes" to either of these questions, you and your child must stay home to quarantine for 14 days since last contact or return to US.

Report any confirmed or suspected cases:

In the City of Detroit:

[Detroit Health Department](#)

Main Communicable Disease Line: (313) 876-4000

After Hours Call Center: (313) 876-4000

Dr. Kenetra Young: youngke@detroitmi.gov • (313) 590-7603

Sarmed Rezzo: rezzos@detroitmi.gov • (313) 720-1335

Outside the City of Detroit:

[Wayne County Public Health Division](#)

Main Communicable Disease Line: (734) 727-7078

After Hours Call Center: (734) 727-7284

Mary Roman: mroman@waynecounty.com • (734) 727-7150

Nnenna Wachuku: nwachuku@waynecounty.com • (734) 727-7253

Lukas Ayers: layers@waynecounty.com • (734) 727-7076



COVID-19 Screening Tool for School Staff & Visitors

Use this checklist every day before entering a school building.

If you answer "YES" to one or more questions, you must stay home.

Do you have any unusual symptoms from the list below?

- | YES | NO | |
|--------------------------|--------------------------|--|
| <input type="checkbox"/> | <input type="checkbox"/> | A fever? (Temperature greater than 100.4° F) |
| <input type="checkbox"/> | <input type="checkbox"/> | A new or worsening cough? |
| <input type="checkbox"/> | <input type="checkbox"/> | Shortness of breath/difficulty breathing? |
| <input type="checkbox"/> | <input type="checkbox"/> | Runny nose and/or congestion? |
| <input type="checkbox"/> | <input type="checkbox"/> | Body aches and/or tiredness? |
| <input type="checkbox"/> | <input type="checkbox"/> | Vomiting and/or diarrhea? |
| <input type="checkbox"/> | <input type="checkbox"/> | New loss of smell or taste? |

If the answer to any of the questions above is "yes", stay home and consult your primary care physician. If a doctor determines that your symptoms are due to another diagnosis, or COVID-19 is ruled out, you may enter the school after being fever-free for 24 hours **without** the use of fever-reducing medications.

- | | | |
|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | Have you had close contact with anyone who had a positive COVID-19 diagnostic test in the past 14 days? |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you traveled out of the US in the last 14 days? |

If the answer is "yes" to either of these questions, you must stay home to quarantine for 14 days since last contact or return to US.

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Section VI: COVID-19 Case Scenarios with Action Steps



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Student/Staff Person Within the School is: A Confirmed COVID-19 Positive or Is Symptomatic Pending Test Results or Is Identified as a Close Contact

► Scenario 1

A student/staff member within the school is confirmed to have COVID-19

✘ The student/staff member AND all household members of the student/staff member are immediately **excluded from school** until:

- 10 days since symptoms first appeared; AND
- At least 24 hours with no fever (>100.4°F) (without the use of fever-reducing medication) AND
- Symptoms have improved (e.g. cough, shortness of breath, diarrhea etc.)

The confirmed positive student/staff member is instructed to isolate at home.

Household members, classmates, and teachers who have been within 6 feet of the person for at least 15 minutes of the isolated student/staff person who are close contacts are excluded for 14 days after their last date of close contact with the positive case.

► Scenario 2

A student/staff member within the school is symptomatic and pending COVID-19 test results

✘ The student/staff member is excluded from school while awaiting test result.

The student/staff person must be **excluded from school** until:

- They obtain a negative test result; AND
- They are symptom-free for 24 hours without the use of medications prior to returning to school.

Household members, classmates, and teachers of the pending case should be monitored for symptoms while waiting for test results. If symptoms develop, they should call their medical provider to be tested for COVID-19. These individuals are not excluded from school at this point.

A student or staff member who is symptomatic, but refuses to be tested is considered to have had a positive test result.

If test result is positive, see Scenario 1.

► Scenario 3

A student/staff member within the school is identified as a “close contact” to a confirmed COVID-19 case

✘ The student/staff member is immediately **excluded from school** until:

- 14 days since last date of exposure to person who tested positive

The “close contact” is instructed to quarantine at home.

Household members, classmates, and teachers of the quarantined student/staff member may continue to attend school and should monitor for symptoms. If symptoms develop, they are instructed to call a medical provider and get tested for COVID-19 and follow the guidance under Scenario 2.

Household Member of a Student / Staff Member is: Confirmed COVID-19 Positive or Symptomatic Pending Test Result or Is Identified as a Close Contact

► Scenario 4

Household member of a student / staff member within the school has been confirmed to have COVID-19

✘ The student / staff member who lives in the same house as a COVID-19 positive person is **excluded from school** and will self-quarantine until:

14 days have passed after the last date of close contact with the household member.

► Scenario 5

Household member of a student / staff member within the school is both symptomatic and is a “close contact” of a COVID-19 positive case and is pending test

✘ Students/staff members who live in the same household of a household member who is both symptomatic, and is a close contact of a COVID-19 positive case and that household member is waiting on COVID-19 test results, is **excluded from school**.

If the household member is positive, see Scenario 4. If the household member is negative, student can return to school.

► Scenario 6

Household member of a student / staff member within the school is a “close contact” to a known positive COVID-19 case

✔ Student can **remain in school** and is monitored for COVID-19 symptoms.

If COVID-19 symptoms develop in the household member, they are instructed to call a medical provider and get tested for COVID-19 and must be excluded from school, and treated as in Scenario 5 pending results.



Section VII: Template Notifications



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Template Notification to Staff Member Who Is a Close Contact to a Positive COVID-19 Student or Staff Member in a School

DATE: [Month, Day, Year]
TO: Employee of [Name of School or Daycare Program]
FROM: [Name of School or District]
RE: Quarantine Notice Due to Exposure to Positive COVID-19 Case

[Name of Local Health Department] has conducted a contact investigation and identified you as a close contact to a confirmed coronavirus (COVID-19) case at [Name of School or Daycare Program].

The virus that causes COVID-19 is thought to spread mainly from person to person, through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are less than six feet apart from each other for at least 15 minutes. A person who is a close contact of someone who is infected with COVID-19 may experience COVID-19 symptoms typically within two to fourteen days after a person is exposed.

A [Name of Local Health Department] representative will contact you and inform you of when you were potentially exposed. You are required to:

- Stay home (quarantine) until 14 days after last exposure. Maintain a separation of at least six feet from others at all times.
- The date that you will be required to stay home until will be determined by [Name of Local Health Department] during the case investigation interview conducted through a phone call with the Health Department representative.
- You need to begin monitoring yourself for symptoms of COVID-19: check your temperature twice a day, watch for fever (>100.4°F), cough, shortness of breath, nausea, vomiting, diarrhea, runny or stuffy nose, loss of taste or smell, abdominal pain. If any of these symptoms develop consult with a medical provider immediately and notify [Name of Local Health Department].
- Avoid contact with people who are at a higher risk for severe illness from COVID-19. This includes people of any age who have, cancer, chronic kidney disease, chronic obstructive pulmonary disease, obesity, heart failure/coronary artery disease, sickle cell disease, diabetes, and are immunocompromised.

Your school district's administration office is aware of this quarantine order. If you have questions, please contact [Name of Local Health Department] at [Local Health Department Phone Number].

As a precaution, we will be disinfecting applicable areas of the school. This may include spraying classrooms, hallways, locker rooms, and common areas as needed with sanitizer, along with other methods of disinfection.

Additional information can be found on the [CDC website](#).

Template Notification to Parents and Staff of a Positive COVID-19 Student or Staff in a School Where No Further Action is Necessary

DATE: [Month, Day, Year]
TO: Parent/Guardian at [Name of School or Daycare Program]
FROM: [Name of School or District]
RE: COVID-19 Case Identification

A confirmed case of coronavirus (COVID-19) has been identified at [Name of School or Daycare Program]. We are working closely with [Name of Local Health Department] to identify exposures and prevent further cases. This letter is informational only; no further action is required for your student at this time.

The virus that causes COVID-19 is thought to spread mainly from person to person, through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are less than six feet from other each other for at least 15 minutes. A person who is a close contact of someone who is infected with COVID-19 may experience COVID-19 symptoms typically within two to fourteen days after a person is exposed.

The symptoms of COVID-19 are similar in children and adults. Symptoms can include: Fever (>100.4°F), cough, shortness of breath, nausea, vomiting, diarrhea, runny or stuffy nose, loss of taste or smell, abdominal pain.

At this time close contacts with exposures have been notified separately by the local health department and instructed to self-quarantine [Name of Local Health Department].

There are many things that can be done to keep our schools, homes, and communities “COVID-19 free” and protect ourselves and loved ones:

1. Children and adults should stay home when ill.
2. Washing hands often with soap and running warm water for at least 20 seconds.
3. If a hand washing station is not available, use hand sanitizer properly. Gels, rubs, and hand wipes must contain at least 60% alcohol. Dispose of wipes in the trash after use.
4. Practice Good Respiratory Etiquette (cover a cough with elbow versus hand).
5. Follow guidance for wearing a face covering and social distancing.

If you have questions, please contact [Name of Local Health Department] at [Local Health Department Phone Number].

As a precaution, we will be disinfecting applicable areas of the school. This may include spraying classrooms, hallways, locker rooms, and common areas as needed with a sanitizer, along with other methods of disinfection.

Additional information can be found on the [CDC website](#).

Template Notification to Parents of a Student Who is a Close Contact to a Positive COVID-19 Student or Staff in a School

DATE: [Month, Day, Year]
TO: Parent/Guardian at [Name of School or Daycare Program]
FROM: [Name of School or District]
RE: Exposure to Positive COVID-19 Case

The [Name of Local Health Department] has conducted a contact investigation and identified your child as a close contact to a confirmed coronavirus (COVID-19) case at [Name of School or Daycare Program].

The virus that causes COVID-19 is thought to spread mainly from person to person, through respiratory droplets produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. Spread is more likely when people are less than six feet for at least 15 minutes. A person who is a close contact of someone who is infected with COVID-19 may experience COVID-19 symptoms typically within two to fourteen days after a person is exposed.

A [Name of Local Health Department] representative will be contacting you to provide specific instructions and answer questions you may have. You need to begin monitoring your child for symptoms of COVID-19 by: your child's temperature twice a day, watch for fever (>100.4°F), cough, and shortness of breath, nausea, vomiting, diarrhea, runny or stuffy nose, loss of taste or smell, abdominal pain. If any of these symptoms develop consult with your family's physician immediately and notify [Name of Local Health Department].

Your child is required to:

- Stay home (quarantine) until 14 days after last exposure. Maintain at least 6 feet from others at all times.
- The date that your child will be required to stay home until will be determined by [Name of Local Health Department] during the phone call that you receive.
- Avoid contact with people who are at a higher risk for severe illness from COVID-19. This includes people of any age who have, cancer, chronic kidney disease, chronic obstructive pulmonary disease, obesity, heart failure/coronary artery disease, sickle cell disease, diabetes, and are immunocompromised

Continue educational instruction of your child at home as directed by the School Administrator. Your school district is aware of this quarantine order and will assist you with instructional needs.

If you have questions, please contact [Name of Local Health Department] at [Local Health Department Phone Number].

As a precaution, we will be disinfecting applicable areas of the school. This may include spraying classrooms, hallways, locker rooms, and common areas as needed with a sanitizer, along with other methods of disinfection.

Additional information can be found on the [CDC website](#).

Appendix A: Useful Resources



Phase 4 of the [Michigan Safe Start Plan](#) School Districts in Wayne County including Detroit

Wayne County Health Division



Public Health

- [COVID-19 Homepage](#)
- [Wayne County COVID-19 Data Dashboard](#)
- [Workplace Toolkit](#)
- [Educational Materials](#)

City of Detroit Health Department



DETROIT
Health Department

- [COVID-19 Homepage](#)
- [City of Detroit COVID-19 Data Dashboard](#)
- [Detroit Safe-Start](#)
- [City Resources](#)

State of Michigan



- [MI Safe Start Plan](#)
- [MI Safe Schools Roadmap](#)
- [MI Safe Start Map Dashboard](#)
- [Find a Test Site](#)
- [Michigan Data](#)
- [Executive Orders and Directives](#)

Appendix B: Contacts



Phase 4 of the [Michigan Safe Start Plan](#) School Districts in Wayne County including Detroit

Wayne County Health Division



Public Health

Main Communicable Disease Line: (734) 727-7078

Mary Roman: (734) 727-7150 • mroman@waynecounty.com

Nnenna Wachuku: (734) 727-7253 • nwachuku@waynecounty.com

Lukas Ayers: (734) 727-7076 • layers@waynecounty.com

City of Detroit Health Department



DETROIT
Health Department

Main Communicable Disease Line: (313) 876-4000

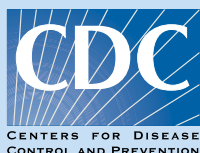
Dr. Kenetra Young: (313) 876-0705 • youngke@detroitmi.gov

Sarmed Rezzo: (313) 720-1335 • rezzos@detroitmi.gov

For More Information



Get Connected. Get Help.™



United Way 2-1-1:

2-1-1

Wayne County COVID-19 Information Line:

(734) 287-7870

Michigan Department of Health and Human Services:

(888) 535-6163

(CDC) Centers for Disease Control:

(800) 232- 4632