

# GPPSS COVID-19 Screening Tool for Families



Parents and guardians, use this checklist every day before sending your children to school.

Does your child have any **new, unusual, or worsening** symptoms as listed below?

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Does your child have at least **2** of these symptoms?

YES  NO

► If the answer to the question above is “yes”, keep your child home and consult your primary care physician. If a doctor determines that the symptoms are due to another diagnosis, or COVID-19 is ruled out, your child may return to school after being fever-free for 24 hours without the use of fever-reducing medications.

► If your child tests positive for COVID-19 OR if your child is exposed to someone who has tested positive for COVID-19, please use the chart below for guidance on isolation and quarantine. Be sure to reach out to your student's school office to report a positive case of COVID-19.

	Who is Impacted	Public Health Recommendations
<h2>COVID-19 Infection</h2>	<p>Any individual who tests positive for COVID-19 and/or displays COVID-19 symptoms (without an alternate diagnosis or negative COVID-19 test) regardless of vaccination status.</p>	Isolate at home for 5 days (day “0” is day symptoms begin or day test was taken for those without symptoms); and If symptoms have improved or no symptoms developed, may leave isolation after day 5 and wear a well-fitting mask, for 5 more days (ending after day 10).*
<h2>COVID-19 Exposure</h2>	<p>Close contact exposed to someone with COVID-19, regardless of vaccination status.</p>	Monitor symptoms for 10 days. Test 5 days after exposure and if symptoms develop. Wear a well-fitting mask around others for 10 days after exposure. Avoid unmasked activities or activities with higher risk of exposing vulnerable individuals.**

\* You may remove your mask sooner than day 10 with two sequential negative antigen tests 48 hours apart. If a mask cannot be worn, 10 days of home isolation is recommended.  
 \*\* Activities with immunocompromised or other high-risk individuals, social/recreational activities in congregate settings or when community levels are high.

Click [HERE](#) to view the MI Safer Schools Guidance for K-12 School Settings in a COVID-19 Recovery Phase