



Warren C. Evans
Wayne County Executive

Wayne County Department of Health, Human & Veterans Services

MEMORANDUM

TO: Wayne County Public Health Division Staff

FROM: Dr. Carl Schmidt, Acting Medical Director

CC: Carol Austerberry, Health Officer

DATE: March 12, 2021

SUBJECT: COVID-19 Self-Quarantine Period

Effective today, the Wayne County Public Health Division will follow the recommendation by both CDC and MDHHS reducing the quarantine period after an individual has been identified as a close contact and thus exposed to COVID-19.

While the standard 14-day quarantine period remains, it can be reduced from fourteen (14) days to ten (10) days if the following conditions exist for the individual who has been identified as a close contact:

1. The close contact has been vaccinated with a COVID vaccine that requires two doses of vaccine to be fully vaccinated (e.g. Pfizer, Moderna), or one dose of a COVID vaccine that only requires one dose (e.g. Johnson & Johnson), and it has been less than (14) days since the last dose of the vaccine was administered; **OR**
2. The individual does not develop symptoms or show clinical evidence of COVID-19 infection during daily symptom monitoring for the 10 days after date of last exposure; **AND**
3. The individual continues to monitor themselves for symptoms through day fourteen (14) after date of last exposure.

No quarantine period is required when an individual is identified as a close contact and one of the following situations applies:

1. Within the past 5 months the close contact had a positive, confirmatory COVID (PCR) test; **OR**
2. The close contact has been vaccinated with a COVID vaccine that requires two doses of vaccine to be fully vaccinated or one dose of a COVID vaccine that only requires one dose and fourteen (14) days have passed since the last dose of the vaccine has been administered.

The 14-day self-quarantine period will continue as the standard in congregate care settings for those individuals who are identified as close contacts who do not meet the criteria above (prior infection in past 5 months or 14 days post complete vaccine) exposed to COVID-19.

Until further guidance is provided by MDHHS, testing to reduce quarantine to 7 days is not authorized by the Wayne County Public Health Division.